

Minnesota Early Childhood Funders Network

Strengthening funders' individual and collective efforts to enhance the well-being of Minnesota's children and their families

Selected Minnesota Programs and Initiatives Related to Children's Social and Emotional Development

This selection of Minnesota programs and initiatives is by no means comprehensive. The examples do suggest the growing attention in the state to children's mental health and the deepening understanding of the lifelong impact of prevention and timely and effective identification and treatment.

Center for Child and Family Health Promotion Research, University of Minnesota: Located within the University of Minnesota's School of Nursing, the Center for Child and Family Health Promotion Research develops and disseminates community-based interventions that seek to improve the lives of children and families.

www.nursing.umn.edu/ccfhpr/

Center for Early Education and Development, University of Minnesota: The mission of the Center for Early Education and Development (CEED) is to improve developmental outcomes for young children through applied research, training, and outreach. Several CEED projects address children's mental health including the Minnesota Infant Mental Health Project, Bridging Education and Mental Health (BEAM), and Addressing the Needs of Young Children Who Engage in Challenging Behavior. The Infant and Early Childhood Mental Health Certificate Program prepares students and professionals to work more effectively, build capacity, and strengthen leadership to address the mental health needs of young children and their families. The Irving B. Harris Training Center for Infant and Toddler Development serves as a model for blending research with practice and policy in the field of infant/toddler development and infant mental health.

<http://cehd.umn.edu/ceed/>

Center for Excellence in Children's Mental Health, University of Minnesota: Launched in 2003 as part of the University of Minnesota Presidential Initiative on Children, Youth, and Families, and housed within the Children, Youth, and Family Consortium, the Center for Excellence in Children's Mental Health aims to promote children's mental health and collaborative action in the state of Minnesota by effectively linking research, practice, and policy.

<http://cmh.umn.edu/>

Center for Neurobehavioral Development, University of Minnesota: The Center for Neurobehavioral Development is a research center that houses over a dozen studies about children's cognitive and neurobehavioral functioning. Research at the Center is discovering how brain development affects the way children think, learn, and express emotions as they grow from infants to adults.

www1.umn.edu/cnbd/

Children's Home Society and Family Services: Through its Individual and Family Counseling program, Children's Home Society and Family Services provides therapeutic services for children aged three and older and their families.

www.chsfs.org/

Children's Mental Health Collaboratives: Children's Mental Health Collaboratives were established by the 1993 Minnesota Legislature in recognition that children with severe emotional disturbances or who are at risk of such disturbances often require services from multiple service systems. No single agency can assume the responsibility for the provision of services and in order for the services provided to be effective, non-duplicative, and non-fragmented, a network of child-serving agencies in which the family was a full partner was needed.

www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&Redirected=true&dDocName=id_001475

Children, Youth, and Family Consortium, University of Minnesota: The Children, Youth, and Family Consortium provides leadership for the University's President's Initiative on Children, Youth, and Families, serving as a bridge to information and resources and connecting research, teaching, policy, and community practice.

www.cyfc.umn.edu

Clay County Children's Mental Health Initiative: The mission of the Children's Mental Health Initiative is to facilitate collaboration among providers and referral sources, deliver mental health community education, and assess, monitor, and evaluate current children's mental health services in Cass County, ND, and Clay County, MN. The Children's Mental Health Resource Guide is available at

www.dakmed.org

www.sendcaa.org

Family and Children's Service: Through its Connections program, Family and Children's Service provides no-cost screening and referral for children and youth from diverse communities who are experiencing behavioral, emotional, social, and/or traumatic events. The agency's counseling program, which serves children, teens, adults, and families, includes an Early Childhood Program providing services for children from birth to six with serious mental health problems.

<http://familychildrenservice.nonprofitoffice.com>

Foundations for Success: An initiative to transform the mental health system for families with young children in Ramsey County, Minnesota, Foundations for Success is building partnerships and changing systems in four areas: identifying children who need help, ensuring the right services are available, making sure families can access services, and raising awareness among the community.

www.foundationsforsuccess.org/

Fraser Child and Family Center: Fraser Child and Family Center provides comprehensive mental health services for children, adolescents, and their families. Programs include the Autism Program, Child and Family Mental Health Program, and the Neuropsychology Clinic.

www.fraser.org/

Healthy Families Network and Visible Child Campaign, Family Housing Fund: The Healthy Families Network is a collaboration of 17 supportive housing organizations in the Twin Cities that provide shared mental health, chemical health, and children's services for their residents.

Through its Visible Child Campaign, the Family Housing Fund works to bring fuller consciousness of the unique needs of children in the design, development, and management of all affordable housing.

www.fhfund.org

Jewish Family and Children's Service of Minneapolis: Jewish Family and Children's Service of Minneapolis provides counseling, consultation, family life education, mental health support, and other services for children and families.

www.jfcsmpls.org/

Jewish Family Service of St. Paul: Through its Counseling and Early Intervention Program, Jewish Family Service of St. Paul provides comprehensive counseling services for children and families.

www.jfssp.org/

La Familia Guidance Center: La Familia Guidance Center provides culturally competent mental health social services for Chicano/Latino youth and families.

www.lafamiliaguidance.org/

Lao Family Community of Minnesota: Lao Family Community offers culturally-specific services for youth and their families. In partnership with the Wilder Southeast Asian Program, the agency's Adolescent Services Project provides intensive community-based mental health services to high-risk aggressive youth. The Uniting Families program provides case management and early childhood skill-building to families at risk for abuse or neglect.

www.laofamily.org/

Lifetrack Resources: Lifetrack Resources works to change lives and create possibilities through its three service areas—Early Childhood and Family Services, Employment and Business Services, and Child and Adult Therapies. Specific services related to children's emotional and social development include therapeutic preschool and family services, early childhood services, home visiting, child abuse prevention and intervention, and mental health services for children in Greater Minnesota who are deaf or hard of hearing.

www.lifetrackresources.org

Minnesota Association for Children's Mental Health: The Minnesota Association for Children's Mental Health (MACMH) began in 1989 as a small group of parents concerned about children with mental health disorders. The organization offers publications, conferences, and workshops, and responds to inquiries from parents seeking information about services and resources for their children.

www.macmh.org/index.php

Minnesota Department of Health- Mental Health and Suicide Prevention: The Minnesota Department of Health promotes mental health through a number of activities including mental health promotion policy and practice development, suicide prevention, and mental health and emergency preparedness planning.

www.health.state.mn.us/mentalhealth/

Minnesota Department of Human Services: Children's Mental Health staff at the Minnesota Department of Human Services work with counties and Children's Mental Health Collaboratives to establish a comprehensive, integrated, and accountable mental health delivery system that meets the mental health needs of children and youth and helps people become as self-sufficient as possible.

www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&Redirected=true&dDocName=id_000162

The Minnesota Thrive Initiative: Directed by the six Minnesota Initiative Foundations, the Minnesota Thrive Initiative is helping communities build strong local environments that support the healthy social and emotional development of young children and their families. The initiative is being piloted in six

Greater Minnesota sites. A diverse cross-section of community members is working together to create networks of local services and resources that help to ensure young children are ready for kindergarten and school success.

www.mcknight.org/greatermn

Multicultural Mental Health Clinic: The Multicultural Mental Health Clinic serves the culturally-specific needs of communities of color through La Familia Guidance Center, Lao Family Community of Minnesota, Thad Wilderson & Associates, and United Cambodian Association of Minnesota.

www.lafamiliaguidance.org/default.asp?active_page_id=18

The National Alliance on Mental Illness of Minnesota: The National Alliance on Mental Illness of Minnesota (NAMI-MN) is dedicated to improving the lives of adults and children with mental illness and their families. NAMI-MN offers programs of education, support, and advocacy; supports research; and promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

www.namimn.org/index.asp?cid=6&catid=6

St. David's Child Development and Family Services: St. David's Mental Health Services provide a wide variety of therapeutic support including counseling, education, referral, and support services for children, young adults, and families. The program has an added emphasis on serving children and families with special needs, including developmental delays/disabilities, physical challenges, medical complications, attention deficit disorders, and emotional/behavioral disturbances.

www.stdavids.net/mh/approach.html

Thad Wilderson and Associates: Thad Wilderson and Associates provides mental health services for children and youth from communities of color, especially the African American community.

Tubman Family Alliance: Because children who witness or experience violence can bear scars that last a lifetime, Tubman Family Alliance offers mental health therapy as part of a wide range of programs for children and youth.

www.tubmanfamilyalliance.org

Washburn Center for Children: Washburn Center for Children has been helping children with social, emotional, and behavioral problems and their families for over 125 years. The Center provides comprehensive assessment, treatment, consultation, and prevention services and provides training and consultation for community collaborators.

www.washburn.org

Wilder Child Guidance Clinic: The Wilder Child Guidance Clinic provides outpatient mental health services for children and youth, ages birth to 17, including psychiatric evaluation/medication management, psychological evaluation, family community support, and individual, family, and group therapies. The Child Guidance Clinic also is part of a Ramsey County consortium that provides children's mental health case management services for high-need children or youth who may require a range of mental health care services. Referral to this program is through Ramsey County Human Services' Children's Intake.

www.wilder.org/clinic.0.html